Farmer's Skillet

((C), D, E, S, V)

Ingredients

- 2 tbsp extra virgin olive oil
- 1 lb red potatoes, cubed
- 1 clove garlic, minced
- 1 zucchini, diced
- ½ red onion, sliced thin
- 1 cup fresh green beans chopped into 1" pieces
- 1 cup mushrooms sliced
- ½ cup corn (optional)
- 3 medium tomatoes, chopped
- ½ cup vegetable broth
- 2 tbsp dried herbs of your choice (thyme, rosemary, oregano, basil, cumin etc)
- ¼ tsp sea salt

Directions

- 1. Sauté onions in olive oil until translucent
- 2. Add zucchini, potatoes, green beans, mushrooms, sauté 5 minutes longer
- 3. Add broth, bring to a boil and simmer 10 minutes
- 4. Add corn, tomato, herbs and salt, cover and continue to simmer until potatoes are tender